THERAPEUTIC COMMUNICATION ASSIGNMENT

Weight 30%

Due Week 8

Purpose:

The purpose of this assignment is to complete a reflective analysis using Johns’s/LEARN model of your therapeutic communication and relational caring following a mock interview with a student partner.

Using a case study each student will:

1. research the lived experience of an older adult and prepare for a mock home visit (case study will be provided in class)
2. complete a learning plan prior to the mock home visit using one of the clinical competencies for Year I Practicum
3. interview and videotape each partner’s mock home visit
4. complete a peer evaluation
5. write a reflective paper using Johns’s/LEARN model

Students will work in pairs to complete this assignment. Each student will take turns playing the role of client and interviewer. Sign up for partners will be completed through WebCT. Instructions will be provide in class during session 2. Deadline for sign up is Session 3.

Videotape: You are required to videotape the interview with your student partner. This will allow you to review the tape and complete a critical self-analysis of the interview. Instructions on how to use and submit files will be provided in session 4 and posted on WebCT.

Prior to the mock home visit, you will complete a learning plan using one of the clinical competencies for Year I (see Practicum Handbook). A template will be provided. You will plan, organize and develop your interview questions before the mock visit. Questions will be based on course concepts.

During the mock home visit you will apply the concepts and theory learned in the Introduction to Nursing Praxis course this semester facilitating the development of a professional nurse-client relationship. You will gather information about your client’s health and relationships within his/her family. The home visit will be videotaped to help you complete your assignment.

Following your visit you will analyze your communication style, relational caring, application of relational principles (trust, respect, power, and intimacy), strategies, and techniques to complete a scholarly reflective paper demonstrating praxis. Your client will provide you with written feedback about his/her experience being interviewed.

Timeline:

An approximate timeline for your assignment is as follows:

* Week 2/3 – begin selecting client and work partner
* Week 4 – research case study and complete learning plan
* Week 5 – complete interview plan, test run the videotape/webcam recording
* Week 6 – complete interview including peer evaluation with your partner (peer evaluation is

 placed in Professional Portfolio)

* Week 7 – complete reflective paper
* Week 8 – bring learning plan and paper to class, submit/ hand in recording of

 interview file

What you need to know before you start.

1. You will need to discuss confidentiality with your client during the mock home visit and obtain verbal consent for recording the interview. Include an explanation of the purpose of the interview and how the information will be used, stored, and confidentiality. NB: if this was a real interview a written consent and UOIT research approval would need to be completed.

2. You are responsible for being adequately prepared before the visit. Have the reason for your visit clear in your mind and be able to explain it adequately to the client. Review appropriate materials prior to the visit and be prepared with written notes of what you wish to accomplish during each visit. Prepare your learning plan prior to the visit.

3. Dress should be business casual.

4. Johns’s model is taught in NURS 1420U in week 4.

5. A few of the interviews will be chosen for sharing with the class. Students will be asked permission prior to sharing with the class.

6. Videotaping can be accomplished in several ways - with a camcorder, camera, webcam or in the Sim Lab at Durham College-UOIT. It is recommended that students try to use a home webcam as this is the easiest method of storing and submitting the file.

7. Your student partner, who plays the role of the client, will complete a peer evaluation. Include the peer evaluation in your Professional Portfolio in the peer feedback section (due Week 11). Use this feedback to help you write your reflective paper.

8. APA (5th edition) format is required for your reflective paper. Instruction for APA is provided in your HLSC 1300U course.

9. The paper is limited to 4 pages (not including cover page and reference page) double spaced **maximum**. Marks will be deducted for papers that are over the page limit.

10. The purpose of this assignment is to demonstrate praxis. Your reflective paper must have relevant resources to support your relational approach. A **minimum of five different scholarly references** is required. At least **two of the references much be research articles**. You may use your course text and any of the resources provided in the course.

THERAPEUTIC COMMUNICATION ASSIGNMENT

MARKING RUBRIC

Student Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date

Learning Plan

 5

* Practice Concept clearly identified
* Learning objectives clear, concise, related to individualized assessments, & appropriate

to setting

* Specific actions relate to learning objectives, are appropriate for the setting, are time

appropriate and realistic

* Success indicators relate well to the objective, are realistic given time frame and specific

actions and are measurable

* Demonstrates initiative and self-direction

Reflective Paper

Extent to which the paper addresses the focus of the assignment 5

* Addresses all aspects of the reflective model
* Ideas are succinct without repetition
* Aspects of interest in the role play are integrated into the paper

Demonstrates understanding of communication and relational theories and concepts 10

* Uses concepts and theories that are specific to the case study and role play
* Interprets references correctly in the context of the role play
* Demonstrates understanding of the meaning of the concepts and theories
* Uses relevant scholarly resources

Demonstrates analysis using appropriate resources 5

* Demonstrates integration of appropriate references to support arguments
* Uses minimum of five scholarly resources
* Integrates peer feedback

APA format 5

Comments: /30

Therapeutic Communication Assignment Worksheet

The following form can be used in two ways:

1. to guide the nurse (interviewer) in a critical self-analysis, and
2. to guide the client (interviewee) in providing peer feedback.

Instructions for nurse: Complete the following form after reviewing the interview and reflecting on the mock home visit experience. Try to complete this within the first 48 hours of the experience.

Instructions for client: Complete the following form within the first 48 hours following your mock interview. Summarize your feedback using the Peer Feedback Form.

|  |  |
| --- | --- |
| Phases of therapeutic relationship. Did the interviewer demonstrate the following phases?* Beginning phase/orientation
* Middle or working phase
* Ending or termination phase
 |  |
| Components of the nurse-client relationship.Did the interviewer demonstrate the following principles?* Power
* Trust
* Respect
* Intimacy
 |  |
| Capacity for therapeutic relationships.Did the interviewer demonstrate the following capacities?* Self awareness
* Self knowledge
* empathy
 |  |
| BoundariesDid the interviewer demonstrate any unacceptable behaviour? |  |
| ConfidentialityDid the interviewer demonstrate awareness and knowledge of privacy and confidentiality? |  |

**Peer Feedback Form**

Things you do well in your practice.

1.

2.

3.

Things I feel might enhance your practice.

1.

2.

3.

For:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

From:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date written: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date reviewed with peer:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Adapted from, College of Nurses of Ontario. (2004). Self assessment tool.